

Aug. 2 Women in Business Network meeting speaker's subject: 'Managing Yes'

Joy Taylor will be the featured speaker for the Aug. 2 Women in Business Network Meeting scheduled from 8:30 to 9:30 a.m. in the Highland Room at Mount Shasta Resort.

She will offer a presentation titled, "Managing Yes! Creating the Space for What Matters Most."

Taylor states, "To succeed at our chosen career, we must gain the confidence and the skills to set priorities and complete them. Too often, people say yes when they want to say no and this leads to stress and being overextended or exhausted. Health and relationships suffer, and productivity eventually declines."

The talk is designed to empower women to communicate "no" with respect as an intuitive art and a practice. Participants will learn how to set priorities aligned with their values as well as learn specific techniques for saying no with poise, clarity and respect.

While in a new role as the Director of the

Women's Business Center at JEDI, Taylor is a wellness and personal growth entrepreneur of over 22 years with a background in online businesses, training, consulting and writing.

"I teach women the power of no because I had to learn it myself, the hard way – burn out! But once I decided not to try to be super woman, I found I could produce better results and have a stronger impact in the areas I choose."

Krista Cartwright, the current president of the Women in Business Network states, "It's a common occurrence for woman to over-commit but this often takes away from our ability to take care of ourselves or family. The WIBN is looking forward to Joy's presentation and tools for prioritizing yes."

Shanta Gabriel, a local business woman who has attended JEDI courses states, "Joy Taylor always impresses me as a dynamic example of a very busy woman who ex-

presses her expertise with clarity, staying in balance while serving in a powerful way in the world."

Another student Rebecca Anne offered, "Joy exudes a can-do attitude where the sky is the limit and the ground is solid. Her life experience has helped me learn how to build the steps between sky and ground. Her mentoring assistance helped me manifest my vision."

First time guests are welcome to attend for free. No registration necessary.

To learn more about the Women in Business Network, go to <http://wibnetwork.net>

Events are funded in part through a cooperative agreement with the US Small Business Administration. JEDI and the Women's Business Center are non-discriminatory and available to individuals with disabilities. Reasonable accommodations for persons with disabilities will be made if requested at least two weeks in advance.